

Core Competency Goal Self-Assessment: Collaboration (COL)

Name:		Date:		Strength Area	Stretch Area	Area I want to Target
1	a) I can participate with others					
Profile 2	a) I can contribute in group activities					
	b) I can cooperate with others					
	c) I can listen respectfully to other people's ideas					
	d) I can work with others for a specific purpose					
Profile 3	a) I can take on different roles and task in the group and work respectfully and safely in our shared space					
	b) I can express my ideas and help others feel comfortable to share theirs so that all voices feel included					
	c) I can work with others to achieve a common goal and can evaluate our group processes and results					
Profile 4	a) I can identify and apply roles and strategies to facilitate group work					
	b) I can draw on past experiences to negotiate and develop group processes					
	c) I can be an active listener and speaker					
	d) I can share my ideas and try to connect them with other people's ideas					
	e) I can ask clarifying questions (about others' ideas) and check for understanding when appropriate					
	f) I can test my ideas with others and consider their input					
	g) I can help resolve conflicts and challenges as they arise					
	h) I can recognize how my contributions and those of others complement each other					
	i) I can plan with other and adjust out plan according to the group's purpose					

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Profile 5	a) I can play a role in collectively monitoring the progress of the group and adjust my contributions as needed			
	b) I can recognize the interdependence of our roles and draw on those to move forward			
	c) I can ask thought provoking questions and integrate new information, various perspectives from others and think critically about whose voices are missing			
	d) I can disagree respectfully, anticipate potential conflicts and help manage them when they arise			
	e) I can give, receive and act on constructive feedback in support of our goals			
	f) I can evaluate and revise plans with other group members			

Profile 6	a) I can step outside my comfort zone to develop working relationships with unfamiliar groups			
	b) I can develop and coordinate networking partnerships beyond and in service of the group			
	c) I can demonstrate my commitment to the groups purpose by taking on different roles as needed			
	d) I can acknowledge different perspectives and see out and create space for missing or marginalized voices			
	e) I can summarize key themes to identify commonalities and focus on deepening or transforming our collective thinking and actions			
	f) I can recognize when wisdom and strategies from others are needed and access these to address complex goals			
	g) I can help create connections with other groups or networks to further our common goals and our impact			