

## Core Competency Goal Self-Assessment: Social Awareness & Responsibility (SAR)

Name:		Date:		Strength Area	Stretch Area	Area I want to Target
Profile 1	a) I can be aware of others in my surroundings					
	b) I can have fun with my family and friends					
	c) I can help and be kind					
	d) I can tell if someone is sad or angry and try to make them feel better					
	e) I am aware that other people can be different than me					
Profile 2	a) I can build relationships					
	b) I can work and play cooperatively					
	c) ) I can participate in activities to care for and improve my social and physical surroundings					
	d) I can use materials respectfully					
	e) I can solve problems myself and ask for help when I need it					
	f) I can listen to others' ideas and concerns					
	g) I can be part of a group and invite others to join					
	h) I can identify when something is unfair to me or others					
Profile 3	a) I can build and sustain relationships					
	b) I can share my feelings in my relationships					
	c) I can contribute to group activities that make my classrooms, school, community and/or natural world a better place					
	d) I can consider different perspectives of an issue, clarify problems, consider alternatives, and evaluate strategies					
	e) I can demonstrate respectful and inclusive behaviour with people I know					
	f) I can explain why something is fair or unfair					

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		Strength Area	Stretch Area	Area I want to Target
Profile 4	a) I can build relationships and be a thoughtful and supportive friend			
	b) I can identify ways that my actions and the actions of others affect my community and the natural environment			
	c) I can look for ways to make my classrooms, school, community, or natural world a better place and identify small things I can do that would make a difference			
Profile 5	a) I can be aware of how others may feel and take steps to help them feel included			
	b) I can maintain relationships with people from different generations			
	c) I can work to make positive change in the communities I belong to and the natural environment			
	d) I can clarify problem or issues, generate multiple strategies, weigh consequences, compromise to meet the needs of others and evaluate actions			
	e) I can value difference			
	f) I can appreciate that each person has unique gifts to share			
	g) I can use respectful and inclusive language and behaviour (including online)			
	h) I can advocate for others			
	i) I can make a difference			
Profile 6	a) I can build sustain positive relationships with diverse people, including people from different generations (and culture, race, language, religion, ability, gender, sexuality etc.)			
	b) I can show empathy with others and adjust my behaviour to accommodate their needs			
	c) I can advocate and take thoughtful actions to influence positive, sustainable change in my communities and in the natural world			
	d) I can analyze complex social or environmental issues from multiple perspectives and understand how I am situated in types of privilege			
	e) I can act to support diversity and defend human rights			
	f) I can identify how diversity is beneficial for the communities that I belong to			