

Who am I? (Identities)	What do I love? (Interests)	What am I good at? (Strengths)	What helps me grow? (Supports & Strategies)	What makes it hard for me to grow? (Needs)
<p>How do you identify?</p> <p>What are some words that describe you?</p> <p>Complete the statement: I am _____</p> <p>What communities are you and your family a part of?</p> <p>What are your pronouns?</p> <p>What place do you call home?</p> <p>What languages do you speak?</p> <p>What cultures, races or nations do you identify with?</p> <p>Are there any disabilities that you identify with?</p>	<p>What brings you joy?</p> <p>What are some of your favourite things/ activities?</p> <p>What are some things that you do with your family and friends?</p> <p>What do you wish you could spend more time doing?</p> <p>What do you want to learn more about?</p> <p>What do you want to learn how to do?</p> <p>What would you do if you had a full day off?</p> <p>What do you like to learn/ read about?</p> <p>What kinds of shows/ movies/ books do you like?</p>	<p>What feels easy to you?</p> <p>What do you know a lot about?</p> <p>What perspective do you bring to conversations?</p> <p>What are you really good at?</p> <p>How can I help others? (Strengths)</p> <p>What could you teach to someone else?</p> <p>Why is your family/ class/group so lucky to have you?</p> <p>How do you help out at home? In other activities?</p> <p>What do you do that brings other people joy?</p>	<p>What helps you learn best?</p> <p>What helps you to pay attention/ focus?</p> <p>What helps you to trust others?</p> <p>Do you prefer to work alone or in a group?</p> <p>What materials/tools do you need in a classroom?</p> <p>Complete this statement: It really helps me when teachers /support staff: _____</p> <p>Where do you learn best?</p> <p>What is important for your teacher to know about you?</p>	<p>What makes it hard for you to learn?</p> <p>What makes it hard for you to pay attention/ focus?</p> <p>What makes it hard to get to school/ go to class?</p> <p>What do you wish was different about school?</p> <p>What would make you feel safer at school?</p>