Shelley MOORE PH.D.





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www.fivemooreminutes.com www.blogsomemoore.com

WHAT DOES

inclusion

MEAN?



Who are you?

- Where is home for you?
- What is the traditional territory where you live?
- What are some of your roles?
- What are some of your identities?
- What are your interests and hobbies?
- What is important to you?
- What is a life event that shaped who you are?
- What is something that you want others to know about you?





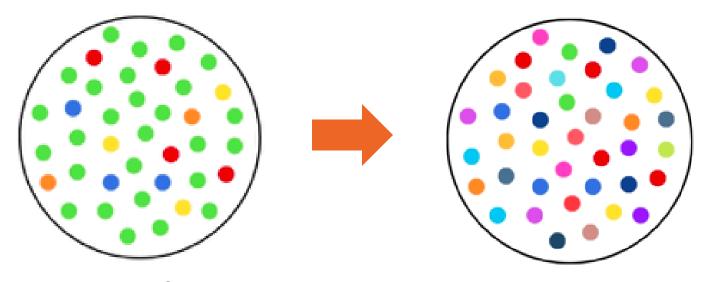
WHAT DOES

inclusion

MEAN?



WHAT IS inclusion?



How do we include people with disabilities?

How do we teach to diversity?

How do we shift our thinking towards a strength-based perspective?



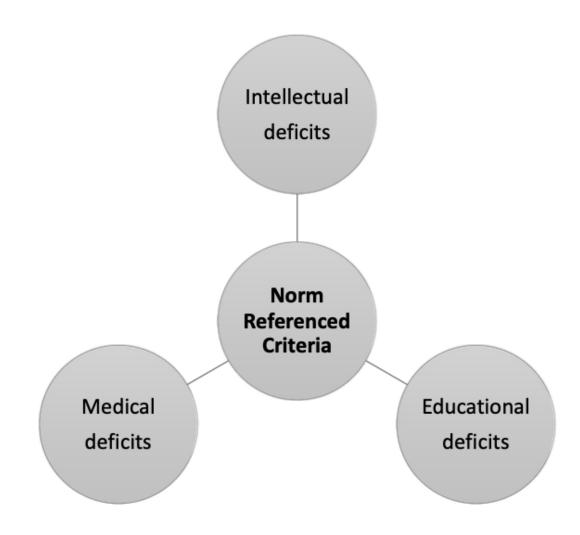
What is a strength-based perspective?

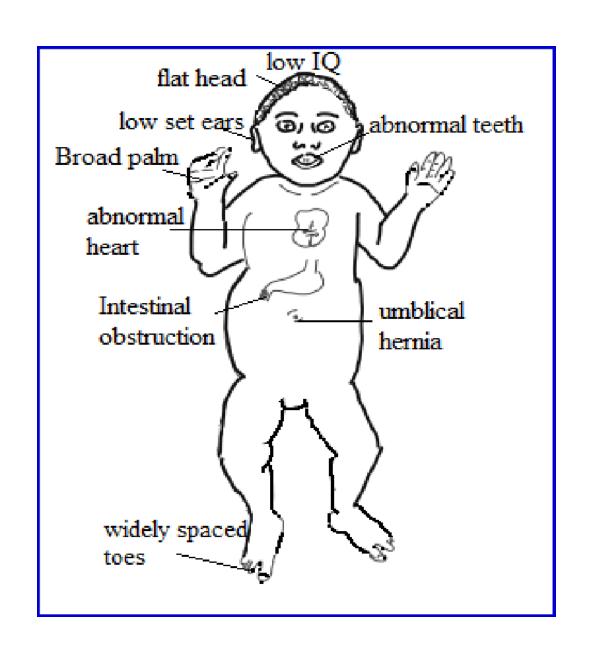


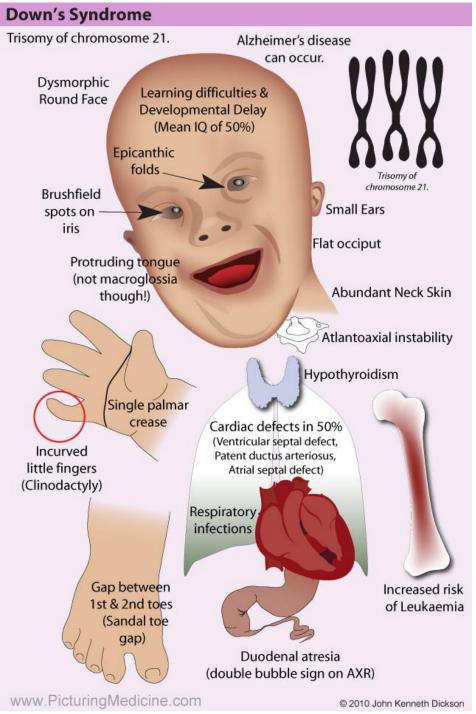
What is a strength-based perspective?



Why are students not often viewed through a strength-based perspective?







What is one useful

idea so far?



A strength-based PERSPECTIVE IS...

- Believing that ANY and ALL students can learn in ANY and ALL contexts because accessing learning does not rely on prerequisites
- Focusing on what students CAN do and where they COULD be, instead of what they CAN'T do and where they SHOULD be
- Build on the strengths of students to contribute to their communities, teach others and facilitate a sense of belonging
- Harness the strengths of students to build on their stretches, or get better at things that are hard

"Even if we are wrong about a students' capabilities to access and learn grade level curriculum with their peers, the consequences of that presumption being wrong are not as dangerous as not holding high expectations."

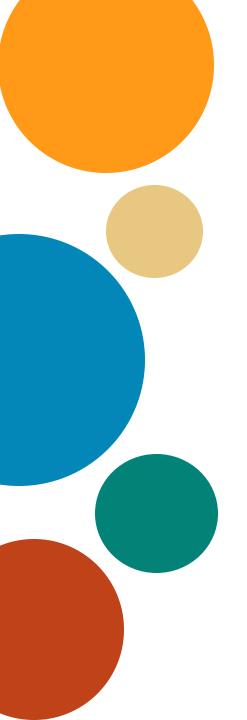
-Cheryl Jorgenson



How can we Presume Competence?

- Focus more on strengths, interests, abilities, barriers and needs and less on deficits
- Make space for student voice and agency and give opportunities for students to be a part of the decision making in their educational programming
- Provide children with a means to communicate other than words (visuals, gestures, voice)

Jorgenson, McSheehan & Sonnenmeier



How can we Presuming Competence?

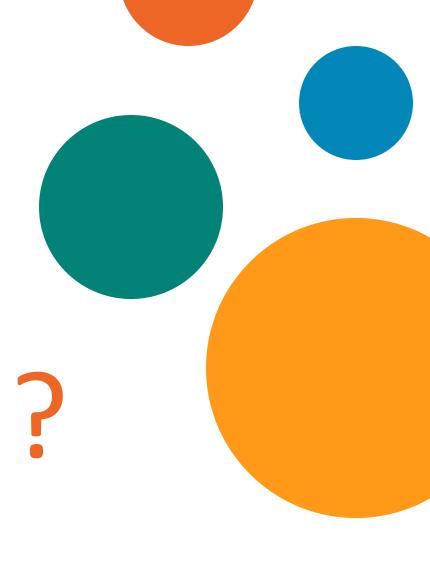
What Self Advocates say:

- Talk to me, not my support dog, or my support staff, or my parents
- Do not call me "low functioning" or refer to me as a developmental age, E.g., "like a 2-year-old"
- Use age-appropriate tone of voice, inflection, vocabulary, and conversation topics when interacting with me
- Respect my privacy when talking about my personal care, medical needs and/or personal and sensitive information

Jorgenson, McSheehan & Sonnenmeier

How do we do

Inclusion?



HOW CAN WE shift our practice TOWARDS A

strength-based PERSPECTIVE?

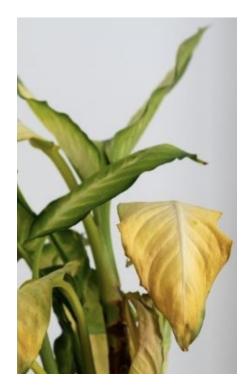


"When a flower doesn't bloom, you fix the environment in which it grows, not the flower."

-Alexander den Heijer



Why Student Voice?



Needs more light



Needs more moisture



Needs more space

The plant TELLS and SHOWS us what it needs

Why is Student Agency Important?

- Student agency is playing a central role in curricular reform movements worldwide for all students, and emphasizes putting students in control of their learning
- Student agency is connected to skills needed for society today and tomorrow and focuses on supporting students to:
 - Make choices
 - Make decisions
 - Solve problems
 - Set goals
 - Self-regulate
 - Self advocate
 - Be self aware

- Ghobary, 2007 Wehmeyer, 2006

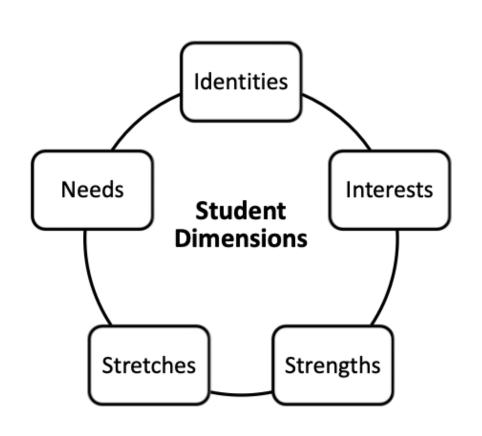
How do we support Student Agency?

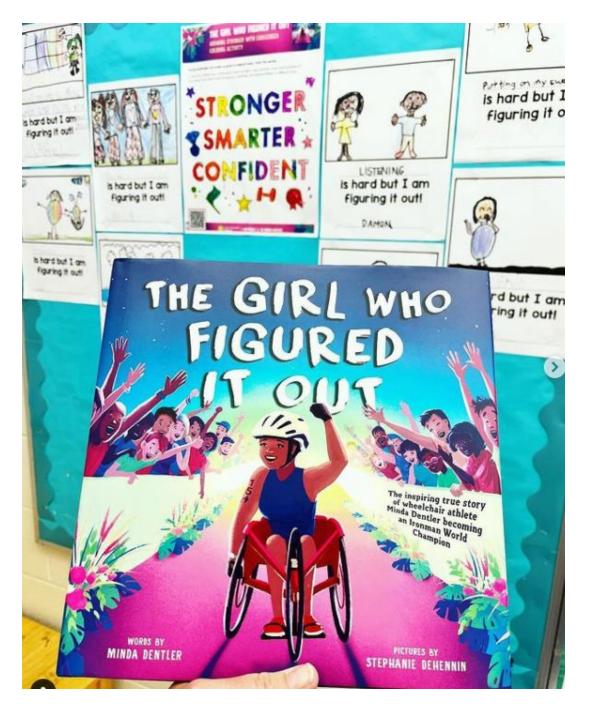
All students need to:

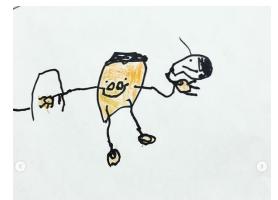
- Know who they are as a person and a learner
- Know their strengths & interests
- Know their stretches & needs
- Be included in goal setting and/or understand why a goal is important to their learning and life
- Know and choose what supports and strategies they need to meet a goal
- Know when they have met a goal or how to adjust a goal if needed
- Be able to show how they have met a goal
- Know what a next step in learning could be

Getting to know who the students are

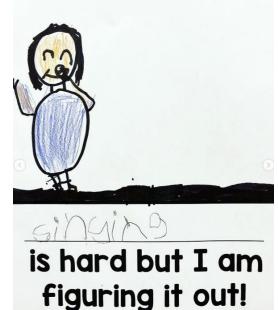
What dimensions can we capture so that we reduce and eliminate barriers AND design better for student variability?

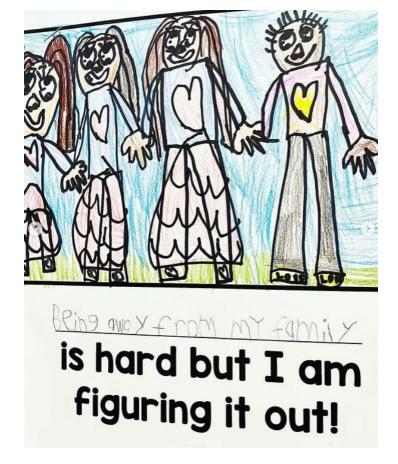






is hard but I am figuring it out!

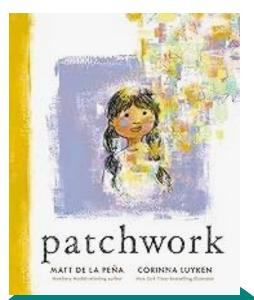


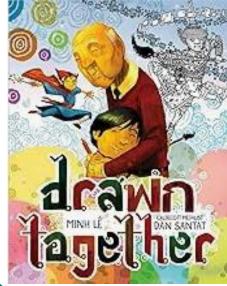


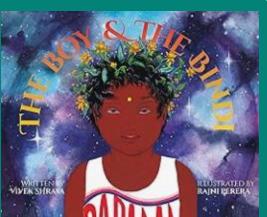


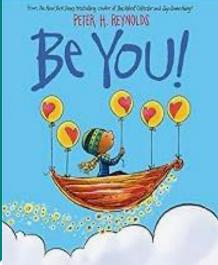


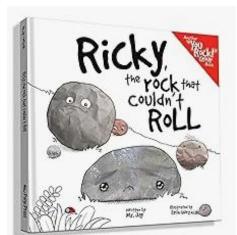
Identity @mrsmacskinders

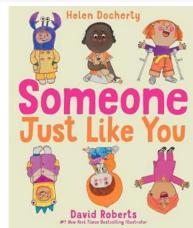


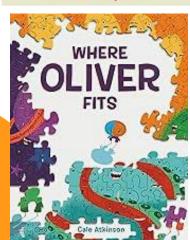


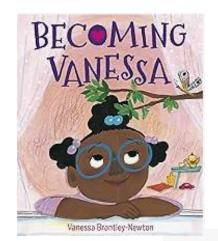


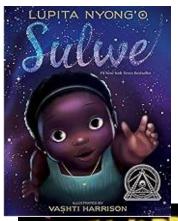


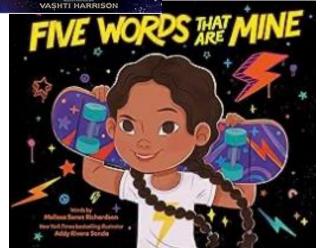




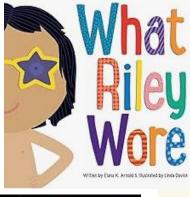








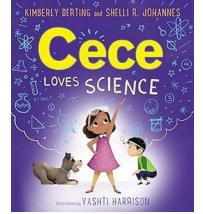








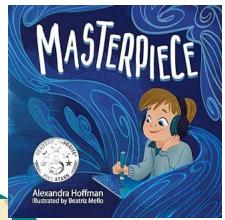
Strengths

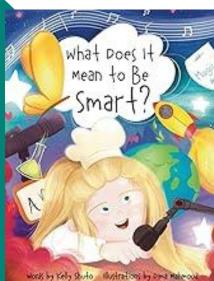


what Does It Mean to Be

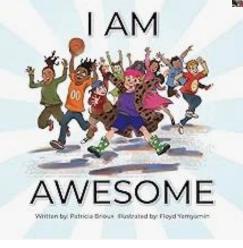
Brave?

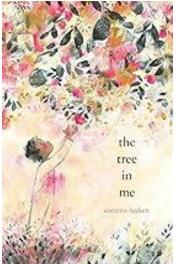
write by Kely Shoto distrations by mara Burahama



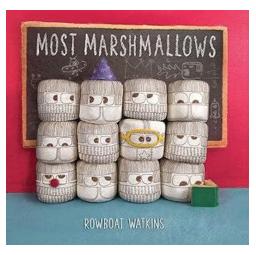










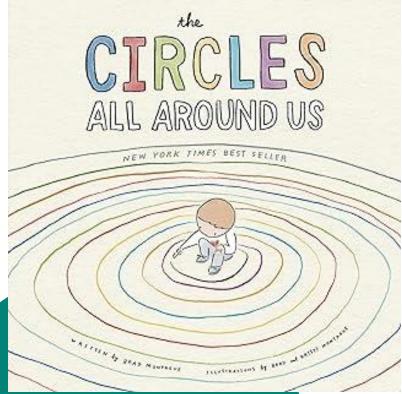




Interests

@mrsmacskinders

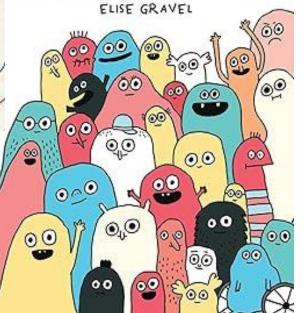
Needs

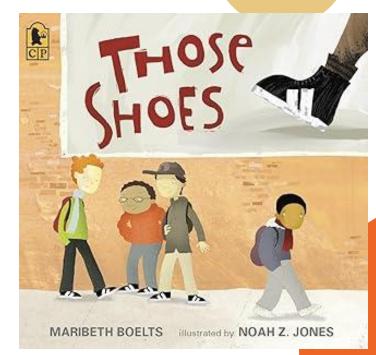






ENERABODA:



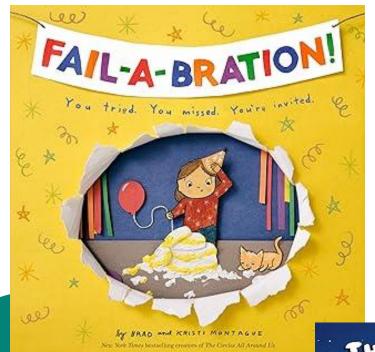


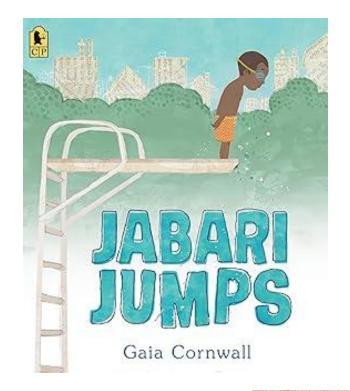


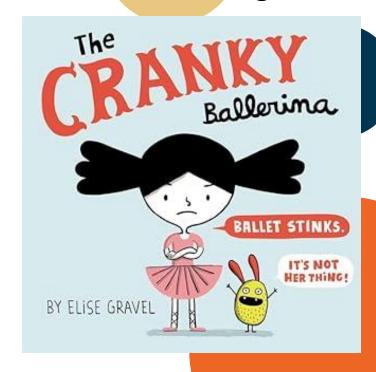


@mrsmacskinders

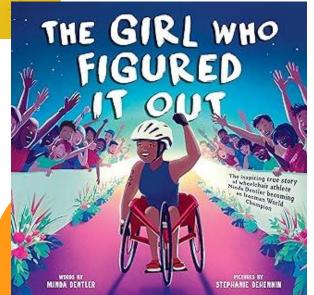
Stretches

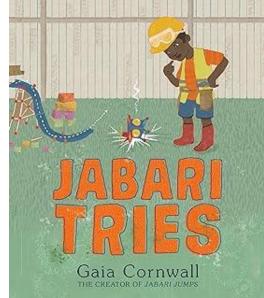


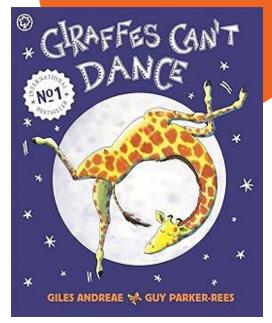






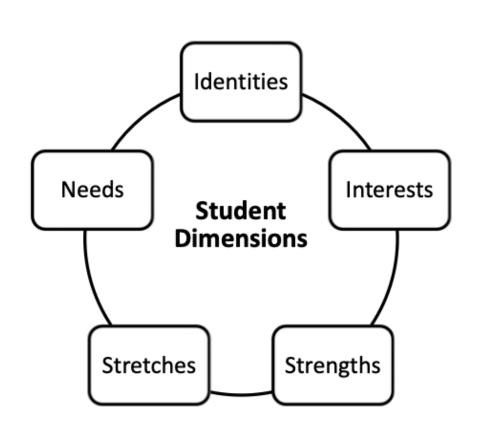






Getting to know who the students are

What dimensions can we capture so that we reduce and eliminate barriers AND design better for student variability?



Who are you? What are your dimensions?

Who am I? (Identities)

What do I love? (Interests)

What am I good at? (Strengths)

How do I want to grow? (Stretches)

What makes it hard for me to grow? (Needs)

How do you identify?

What are some words that describe you?

Complete the statement: I am

What communities are you and your family a part of?

What are your pro nouns?

What place do you call home?

What languages do you speak?

What cultures, races or nations do you identify with?

Are there any disabilities that you identify with?

What brings you joy?

What are some of your favourite things/ activities?

What are some things that you do with your family and friends?

What do you wish you could spend more time doing?

What do you want to learn more about?

What do you want to learn how to do?

What would you do if you had a full day off?

What do you like to learn/ read about?

What kinds of shows/ movies/ books do you like? What feels easy to you?

What do you know a lot about?

What perspective do you bring to conversations?

What are you really good at?

How can I help others? (Strengths)

What could you teach to someone else?

Why is your family/ class/group so lucky to have you?

How do you help out at home? In other activities?

What do you do that brings other people joy?

What is a goal that you have for yourself?

What do you want to get better at?

What is something you want to learn more about?

What do you wish you could do more of?

What is an area that you need some practice in?

What could you work on now, that will help you in the future?

What do you need support for at school?

What do you wish you could do more of without help?

What makes it hard for you to learn?

What helps you learn best?

What makes it hard for you to pay attention/focus?

Do you prefer to work alone or in a group?

What makes it hard to get to school/ go to class?

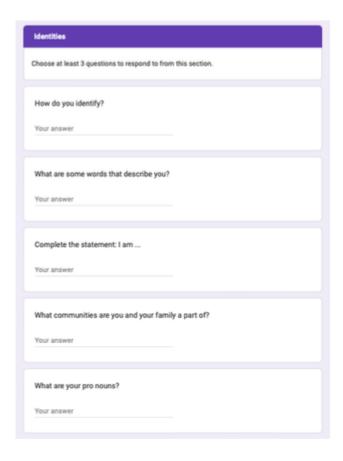
What do you wish was different about school?

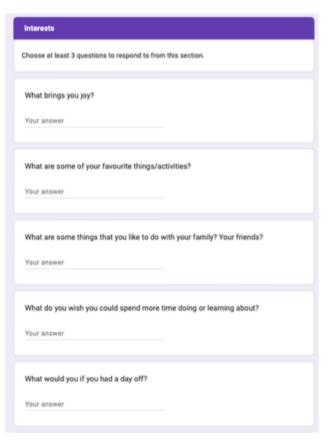
What materials/tools do you need in a classroom?

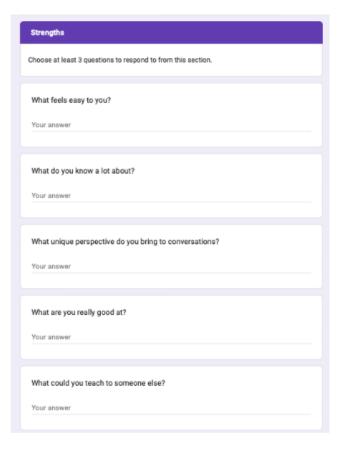
What is important for your teacher to know about you?

Google Form:

https://forms.gle/6CaTcpW3sSQnQnCp7







"When a flower doesn't bloom, you fix the environment in which it grows, not the flower."

-Alexander den Heijer



The SEED PACKET





Moore, 2023 Module 2

Growth Year: Goals: I want to grow in these areas: Grade: ____ Identities: I am... Needs: I need this support in these areas to grow: Supports: I need this in my garden to grow: Interests: I really like and/or what to learn more about: Strengths: I am really good at and/or could teach others: Barriers: This is what makes it hard for me to grow: Thank You For helping me GROW

Strategy 1:

My I.E.Pea Seed Packet

Moore, 2023

Person connected to	Identities	Interests	Strengths	Stretches	Needs
Who are you and how do you know?	What words would you use to describe? What groups is connected to in their community?	What is interested in? What do they like to do on their own? With their friends? Family? Community?	What is good at? What can they teach others?	What is hard for? What do you think wants to get better at?	What does need support with? What is important for people to know about?
Person 1:					
Person 2:					
Person 3:					
Person 4:					

Help us get to know Juni?

	Identities	Interests	Strengths	Stretches	Needs
Who are you and how do you know Juni?	What words would you use to describe Juni? What groups is Juni connected to in their community?	What is Juni interested in? What do they like to do on their own? With their friends? Family? Community?	What is Juni good at? What can they teach others?	What is hard for Juni? What do you think Juni wants to get better at?	What does Juni need support with? What is important for people to know about Juni?
Person 1: Rita Grandmother	Kind, strong, smart	watching me sew, taking pictures, listening to music	Patience, she notices everything	Waking up! Trying new things	She needs time and patience. If she is upset or frustrated, she needs space
Person 2: Frank Dad	Athletic, joyful, Ukrainian, church	Watching the baking shows , fishing with me	A great listener, being present	Independence, changes in routine	I think she worries a lot; I need others to know that she needs reassurance sometimes
Person 3: Kiran Family Friend	funny	Football! She loves the BC lions, movies, going for walks	making you feel so important, spreads joy, makes everyone laugh	Friendships, spending more time with her peers	Sharing her thinking, communicating. She has come such a long way!
Person 4:Matty Cousin	Fun, we play a lot together	Whale sharks, camping, swimming	Playing with me	Its hard for Juni to talk sometimes, but I know when she likes something, and she likes me	using her iPad to help her talk

Date: Dec 2022

Moore, 2023 Module 2

Help us get to know Juni?

	Identities	Interests	Strengths	Stretches	Needs
Who are you and how do you know Juni?	What words would you use to describe Juni? What groups is Juni connected to in their community?	What is Juni interested in? What do they like to do on their own? With their friends? Family? Community?	What is Juni good at? What can they teach others?	What is hard for Juni? What do you think Juni wants to get better at?	What does Juni need support with? What is important for people to know about Juni?
Person 1: Mr. Lopez Classroom Teacher	Strong, smart, a learner	Getting read to, books, you tube, science	Connecting with her peers	Communicating, independence, asking to help when she needs it	She needs support with her reading (decoding) and her communication with the device
Person 2: Benny Educational Assistant	Funny, curious	Fashion, her friends, books, magazines, her iPad	She knows what she likes and doesn't like and lets us know	Making friends, communicating or using strategies before she gets too frustrated	She needs a chance to rest throughout the day and breaks
Person 3: Ms. Turner SLP	joyful	Sights and sounds around her, being social	Using her iPad to communicate	Building friendships, communicating what she needs	She needs her device available to her, she needs to be around her peers
Person 4: Jesse Classmate	Funny, sometimes she's loud	Playing games, hanging out with her friends	Being happy, making people laugh	I think talking is hard for her	she needs to be around us, her friends

Date: Dec 2022

Module 2



Building my Student profile: What are my INTERESTS?





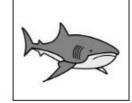






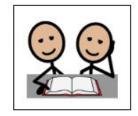


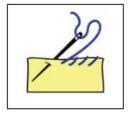






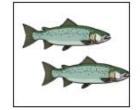




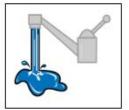




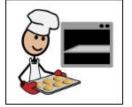














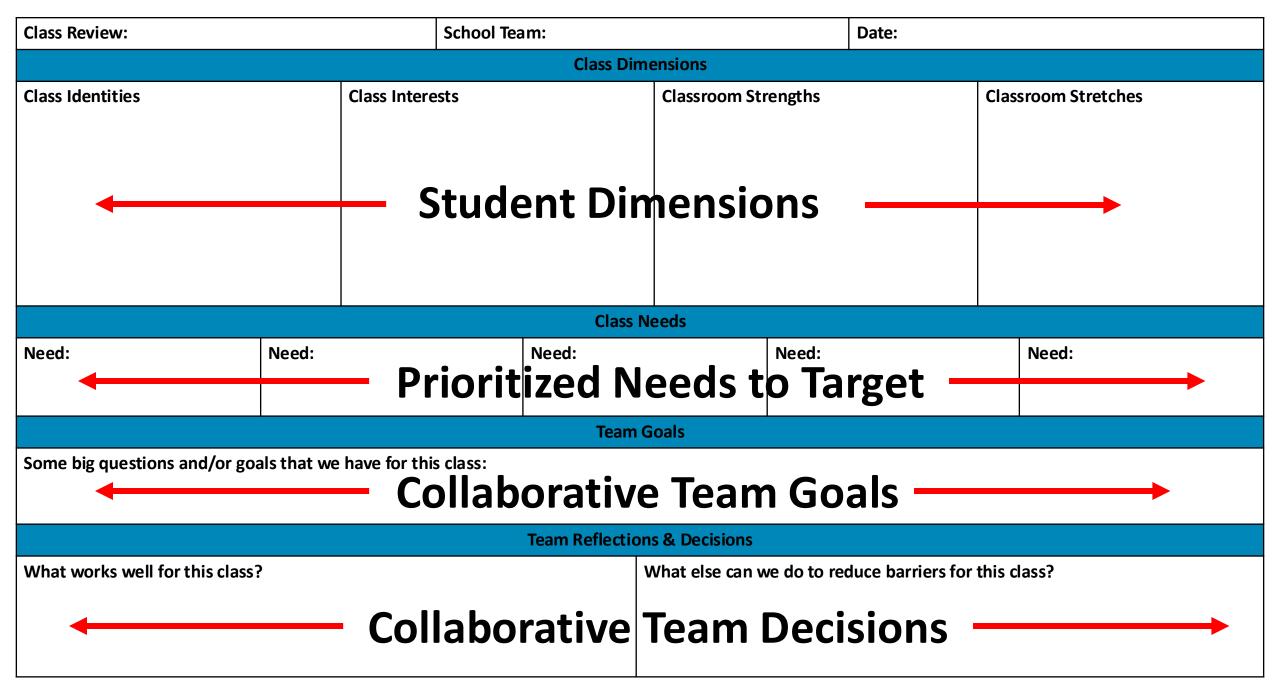
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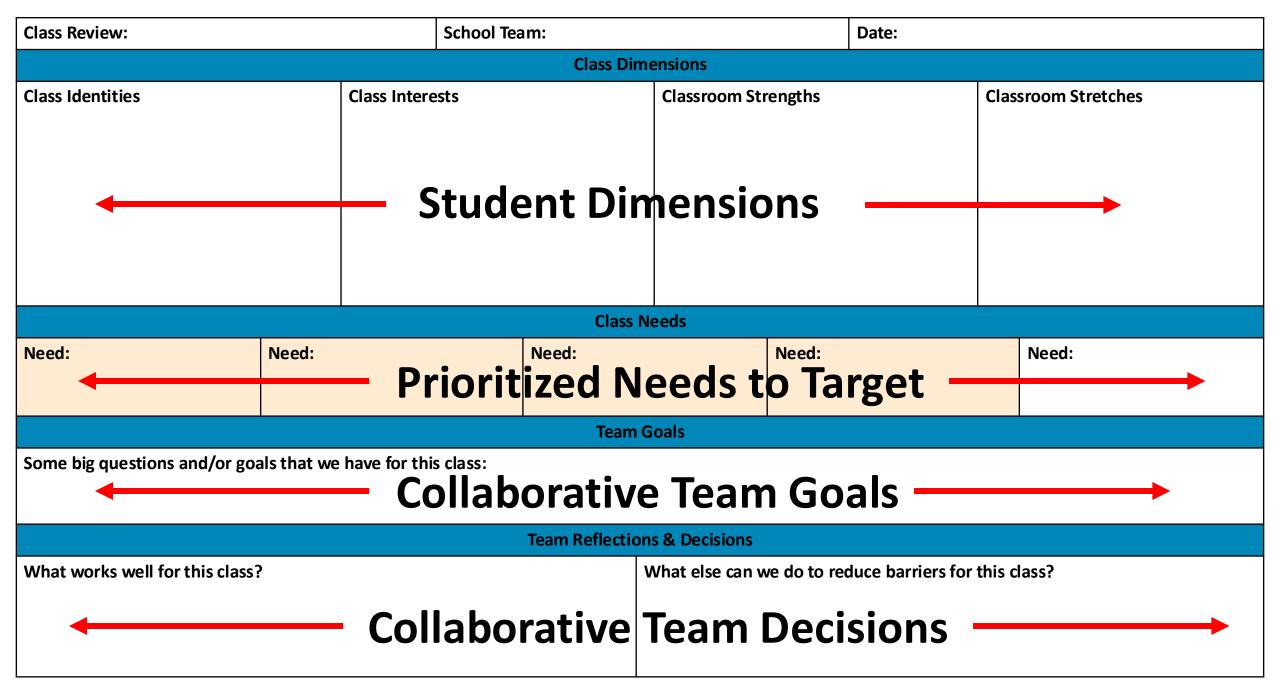
Strategy 1:

My I.E.Pea Seed Packet

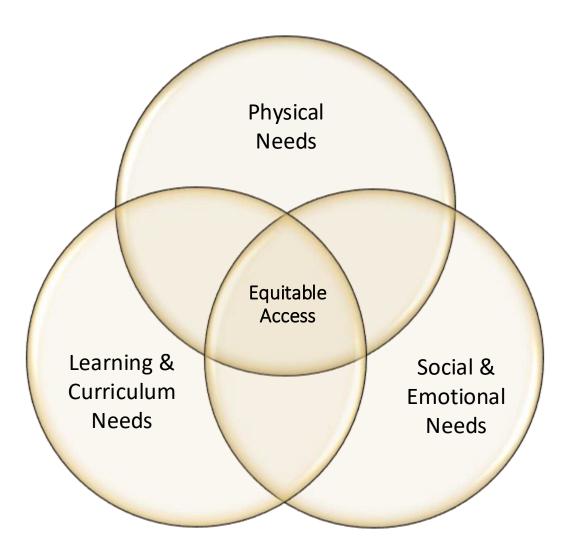
Moore, 2023

Class Review:			School Team:			Date:			
	Class Din	Dimensions							
Class Identities Student Perspectives:						Classroom Strengths Student Perspectives:			sroom Stretches dent Perspectives:
Team Perspectives:		Team Perspectives:			Team Perspectives:			Team Perspectives:	
				Class I	Needs				
Need:	Need:		Need:			Need:			Need:
				Team	Goals				
Some big questions and/or goa	ls that we	have for this	s class:						
				Team Reflectio	ns & Decisions				
What works well for this class?					What else can v	ve do to red	duce barriers for	this c	lass?



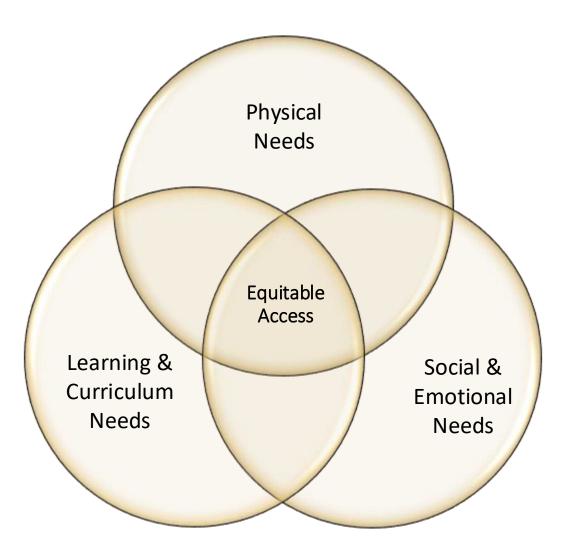


Increasing Inclusive & Equitable Access by Designing for Individual Needs



Increasing Inclusive & Equitable Access by Designing for Individual Needs

- Attention
- Anxiety
- Communication (receptive)
- Communication (expressive)
- Eating/Food
- Engagement/Motivation
- Executive functioning
- Family/community and/or identity
- Frustration/ Anger
- Grief/ Trauma
- Gross and/or Fine motor
- Intellectual ability (access)
- Intellectual ability (challenge)



- Language
- Literacy (decoding)
- Literacy (understanding)
- Literacy (written output)
- Literacy (Speaking/ oral language)
- Medical
- Memory
- Numeracy
- Personal Care
- Physical/Mobility
- Self Advocacy
- Self Regulation (emotional)
- Self Regulation (behavioural)
- Self Regulation(learning)
- Self Esteem
- Self Harm
- Sensory
- Social Skills
- Transitioning
- Vision and/or hearing

Classroom Support Planning: Collaborative Needs Based Reflection

Target Classroom: Classroom Teacher(s): Support Teachers/Staff: Date:

- 1. Look at the following areas of need as a team
- 2. Record needs for students who have IEPs (Individual education plan) and/or LSPs (learning support plan)
- 3. You can refer to individual assessments and recommendations as well as specialists to determine needs if useful
- 4. Record needs for students in class who do not have IEP or LSP
- 5. Look for clusters of need and reflect on community impact
- 6. Determine priority classroom needs to develop Classroom Support Plan

Areas of Need	Students who have this need (underline students who have IEP/LSPs)	This need impacts the community and/or there is a cluster of students who have this need	This need can be managed over time and/or not critical	This is an individual need area and/or community does not need support in this area
Addiction				
Attendance/ Lateness				
Attention				
Anxiety/ Depression				
Bullying				
Communication (receptive)				
Communication (expressive)				
Eating/Food/Allergies				
Engagement/Motivation				
Executive Functioning				
Family/Community/Identity				
Frustration/ Anger				
Greif/ Trauma				
Gross/Fine Motor Skills				
Intellectual Ability (access)				

	I

Priority Community Needs	Specialists/Individuals to connect to	Priority Individual Needs	Specialists/Individuals to connect to

Classroom Support Plan: Need Based Reflection

Target Classroom: Gr. 8 Humanities

Classroom Teacher(s): M.B.

Date: Fall 2022

- Look at the following areas of need as a school team (classroom teacher, support teacher, outside/community consultants, educational assistants, etc.)
- 2. Record needs from student IEP (Individual Education Plan) and/or LSP (Learner Support Plan)
- You can refer to individual assessments & recommendations as well as specific areas of expertise to determine need(s) (e.g., SLP, OT, D/HH Teacher etc.)
- Decide which additional needs are affecting learning in the classroom (needs can reflect one or more students but are not disabilities. For example, "Autism" is not a need)
- 5. Prioritize needs for development of classroom support plan

Areas of Need AB - G, Q, H AD - Q JR, MH, PR, MP, MB FP, KP, SS, ST	This is an IEP/LSP needs based area	Our classroom community needs support for this immediately	Our classroom community needs support for this soon	Our classroom community does not need support for this right now
Anger or Frustration	AB, SS		x	
Anxiety	AB, AD			х
Articulation	AD, FP			х
Attendance	AD, FP, ST		х	х
Assistive Technology	AB			х
Attention	AB, AD, KP		x	
Vision				
Bullying	AB		х	
Central Auditory Processing				
Communication	AB, AD	х		
Hearing				
Depression/Sadness	AB, ST			х
Eating/ Food				
Emotional Regulation	AB, KP	x		
English Language Skills	SS			
Engagement/ Motivation	AB, AD		x	
Executive Functioning	FP, ST, SS	х		
Fine Motor Skills				
Gambling				
Greif Management	AB, ST	x		
Gross Motor Skills				
Hearing				
Identity	AB, AD	x		
Intellectual Ability	AD			х
Listening Comprehension	AD			х
Low Vision				
Memory	AD			х
Mental Health	AB, ST		x	
Metacognition	AB, ST, KP	x		
Mobility				

Areas of Need School Team Reflection

S. Moore, 2022 - Adapted from www.speced.ca

Non-Verbal Reasoning	FP		x	
Organization	AB, AD, FP, KP	x		
Personal Care	AB			х
Personal Safety	AB			x
Phonological Processing				
Processing Speed				
Self Esteem	AB, AD, KP	x		
Self- Advocacy	FP, SS	х		
Self-Harm/ Suicide Management				
Self-Regulation	AB, AD	х		
Sensory Integration				
Sequencing	FP			х
Social Skills	AB			x
Substance Abuse				
Task Initiation	AB, AD, KP, SS	x		
Time Management	AB, AD, KP	x		
Transition	AB	x		
Verbal Ability				
Visual-Motor Skills				
Visual Spatial Processing				
Other:				

What are the priority needs for this class?	What additional needs are impacting learning?			
1. Metacognition	1. Anxiety			
2. Organization	2. Intellectual ability			
3. Self Esteem	3. Mental health			
4. Task Initiation	4. Personal safety			
5. Communication	5. Social skills			

School Team: LM & SM Class Review: THEE KINDERGARTEN Date: November 2024

Class Dimensions

Class Identities

Student Perspectives:

• Blackfoot, Athletic, Hilarious, Artists, Kind, a Friend, a Helper, Sister, Brother, Grandbaby, the Baby

Team Perspectives:

- 8 B, 8 G
- New comer families,
- Pakistan, Nigeria, Indigenous (Reserve land),
- Non speaking, Pre speaking,
- English, Tagalog, Blackfoot

Class Interests

Student Perspectives:

• Art, be an artist/ creative, big cats, cooking, how to be a chef, learning new languages (Blackfoot)

Team Perspectives:

 Outdoor learning, play, being outside and discovering, tools - trying new things, how to be leaders, how to change the world/ make an impact

Classroom Strengths

Student Perspectives:

Kind, helpers, big hearts, making people happy/laugh/feel good, readers, retell/tell a story, art

Team Perspectives:

 Aware, curious, big hearts, confident, engaged, joyful, happy, helping others, awe, energetic, motivated, eager to learn, creativity (art, loose parts, think differently, think outside the box) unique

Classroom Stretches

Student Perspectives:

Reading, writing, using writing tools, independence (solve problem, tie show, do this without help)

Team Perspectives:

Being part of a community that isn't their family, first time out in the world outside their family (lining up, sharing space, taking turns), feel valued in a new community, how to contribute to a community

Class Needs

Need: Communication (receptive) AA, DC, NC, AC, AM, CS, KP, IO, AY, BQ

Need: Communication (expressive) AA, DC, NC, AC, AM, CS, KP, IO, AY, BQ

Need: Executive Functioning AA, DC, NC, AC, AM, CS, KP, IO, DG, AY, CV, BQ

Need: Gross/Fine Motor AA, DC, NC, AC, AM, CS, IO, DG, AY, CV, BQ

Need: Self Regulation of Learning AA, DC, AC, CS, KP, IO, DG, KM, BQ

Team Goals

Some big questions and/or goals that we have for this class:

- How can we help this group of students become a part of, be responsible in and contribute to, make a difference in a community outside of their home?
- How can our community honour the many diverse and unique abilities, while also meet the needs of the community, each other, and themselves?
- How do help students be aware of who they are and what they need and how that is different (and okay) than others? (identity and advocacy)?

Team Reflections & Decisions

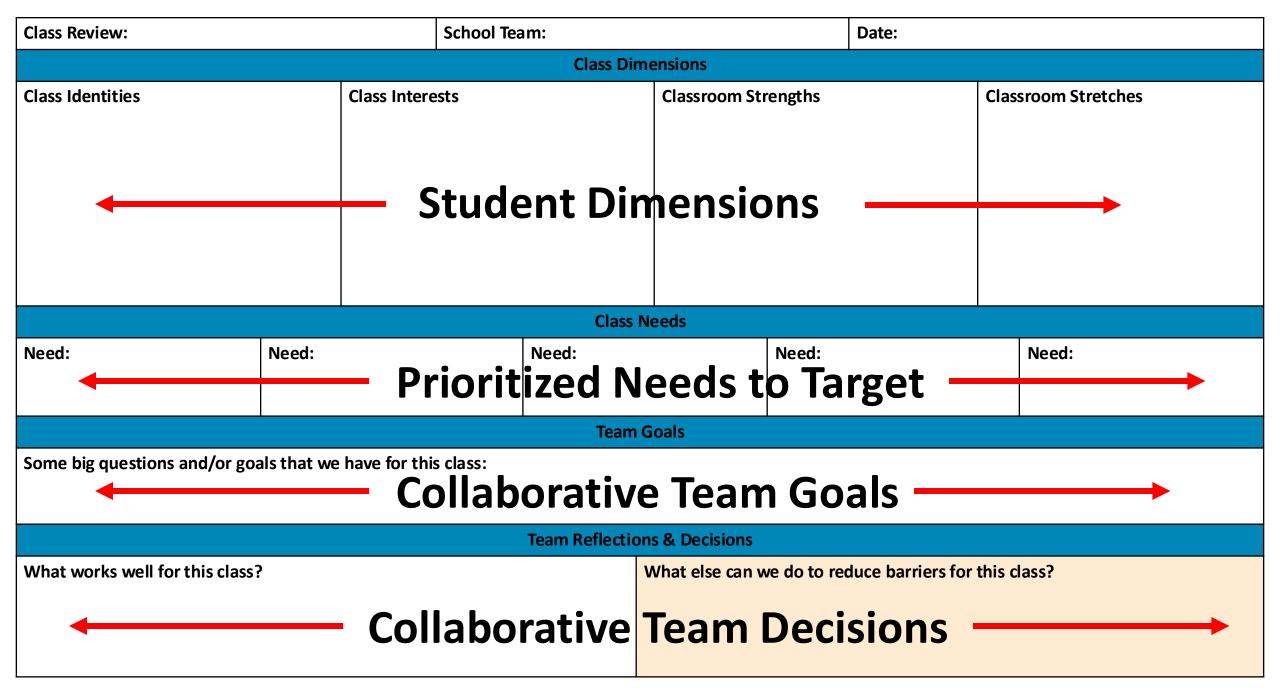
What works well for this class?

- Food, fresh air, and fun
- Movement, voice & choice, goal setting, involving them in problem solving as a community

What else can we do to reduce barriers for this class?

Class Review for: Science 10	ew for: Science 10 School: Nechako Valley Secondar			ary School Date: October 17, 2023		
		We can plan for our stude	nts by getting to know t	heir dimensions:		
Identities Culture/Race: Canadian, Indigenous, Ameri Philippines Disability: Autism, ADHD Intellectual Disabi Behavioral, Learning Disability Language: English, French, Filipino SOGI:12 identify as F, 16 identify as M Family: Rural families, large families, x gene families, mixed and blended families, intern families, farming and forestry families	nility, paint moveration	Interests ors, dirt biking, hunting, horse usic, reading, football, hockey volleyball, soccer, ruby, ing, cooking, computers, gam vies, band, agriculture, farmir	love hands on artistic, inquiry to learning di	Strengths nelp take care of of activities, athleti learning, asking of fferent perspective tside, helping oth	c, competitive, questions , open ves, love being	Stretches Listening when others are speaking, self- regulation, coming to class prepared, transitions, following directions,, writing, decision making, taking risks, dealing with anxiety, being quiet when asked.
Based on student dimensions we can ask q	questions and set some	e goals:				
 Some questions we have about this class: How can we create a learning environment to meet everyone's needs and goals How can we learn self regulation and ways to deal with anxiety and stress How can we incorporate more hands on learning and inquiry based learning given time and resource restraints How can we incorporate more of the Indigenous principals of learning 				 Some goals we have for this class: To be open to try new things To build self confidence and self esteem To learn that its ok to make mistakes and try again 		
We can respond to student dimensions by	reducing and eliminat	ing barriers for everyone:				
What have we tried that is working: Student choice Games and visuals to help learning Outdoor land based learning Reward system for positive behavior Creating a safe and inclusive classroom environment where all learners are welcomed				 What do we still want to try: Incorporating more SEL strategies in the classroom to help support all learners Build a more needs based classroom to help support all learners Teach self regulation skills and strategies Finding ways to build self esteem and self confidence 		
We can respond to student dimensions by EA)	determining and prio	ritizing individual needs: (Th	s is based on Student II	Ps, observations	made by Ms. Hir	nz (Class teacher) and help from Ms. Wall (Class
Need: Organization Everyone Need: Social Skills LB, HS, WS, CA, , JM Need: Transitions LB, HS, WS, CA, , JM				Need: Languag LB, HS, WS, CA,	•	Need: SEL and Self regulation LB, HS,WS,CA,JM, Everyone

* Also an IEP Need Area



Making Collaborative Decisions: A Menu of Support

Options for how I (a support teacher) can support you (a classroom teacher) to support this class?

Classroom Support

- ☐ Capturing student voice/evidence of learning
- Build a needs-based classroom support plan based on priority needs
- ☐ Using an IEP as a blueprint for a class
- ☐ Setting up and using technology
- Working with support staff to respond to class needs
- ☐ Curricular Co-planning
 - Backwards Design
 - ☐ Constructing learning continuums
 - ☐ Inclusive lesson design
 - ☐ Creating curricular accessibility and challenge opportunities
 - Drawing on UDL principles and strategies to reduce learning barriers

Classroom Support Cont.

- ☐ Teaching/co-teaching (must be paired with co-planning)
 - ☐ Needs based supports & strategies to a class
 - ☐ Curricular inclusive lessons
 - ☐ Core competency lessons
 - Disability demystification
 - ☐ Supporting peers to support each other
 - ☐ Station/small group teaching/conferencing
- ☐ Co-assessing/offering formative feedback
- ☐ Gathering/creating resources & materials
 - ☐ Themed & diverse text sets, accessible texts/activities
 - ☐ Visual/object supports

Individual Student Support

- ☐ Implementing IEPs inclusively
- ☐ Place alignment planning (working to increase the enrollment and attendance of a student)
- Purposeful planning (working to make enrollment & attendance meaningful for a student)
- ☐ Working with support staff to respond to individual needs
- ☐ Gathering place based and triangulated evidence for IEP review

Making Collaborative Decisions: A Menu of Support

Options for how I (a support teacher) can support you (a classroom teacher) to support this class?

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Strategy: taking a 2 min break



Strategy: taking a 2 min break

Instruct

- What is a 2 min break?
- Why is a 2 min break useful?
- How do I use a 2 min break as a tool or an action?
 - What does a 2 min break look like when I use it?
 - What does a 2 min break sound like when I use it?
 - What does a 2 min break feel like when I use it?

Practice (1 – 2 weeks)

Reflect

- How will I know when I need a 2 min break?
- How will I know when I don't need a 2 min break?



Strategy: chunking text

Instruct

- What is chunking text?
- Why is chunking text useful?
- How do I chunk text as a tool or an action?
 - What does chunking text look like when I use it?
 - What does chunking text sound like when I use it?
 - What does chunking text feel like when I use it?

Practice (1-2 weeks)

Reflect

- How will I know when I need to chunk text?
- How will I know when I don't need chunk text?



Teaching & Reflecting on Strategies:

working in a small group

quiet space

loud space

visuals

schedule/ agenda

standing desks

access points

sensory tools

snacks/ water

hats



Making Collaborative Decisions: A Menu of Support

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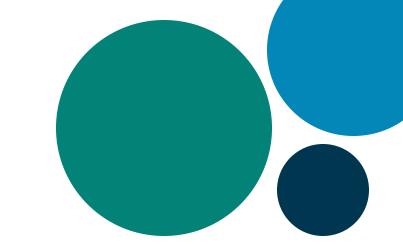
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What's next for you?

- What is one useful idea?
- What is one thing you want to try?
- What is one thing you want to think about?
- What is one thing you want to learn more about?
- What is one thing you want to share with someone who is not here today?

Its not about changing everything, its about changing something.





Shelley MOORE PH.D.





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